

Special Services

The listing below contains services that you may need or find useful.

Breast Prostheses Services

ACT Breast Prosthesis Scheme

Level 1, Building 3
The Canberra Hospital
GARRAN ACT 2605
www.health.act.gov.au
02 6205 2605

Provides financial support after the purchase of an initial breast prosthesis if the surgery was done in an ACT hospital. This service applies until 1 July 2008 and will be replaced by the External Breast Prostheses Reimbursement Program (see below).

Alive and Well

www.aliveandwell.com.au
0402 188 361

A mobile professional fitting service for prostheses and mastectomy bras. Provides fittings in your home.

Colleen's Post Mastectomy Connection

3/60 Dundas Court
PHILLIP ACT 2606
www.colleens.com.au
02 6285 1311

Provides breast prosthesis fittings, mastectomy bras and swimwear for women who have undergone surgery for breast cancer.

David Jones Intimate Apparel

Woden Plaza
WODEN ACT 2606
02 6202 6532

Provides a qualified prosthesis fitting service for women who have undergone breast surgery.

External Breast Prostheses Reimbursement Program

Medicare Australia
www.medicareaustralia.gov.au
132 011

Provides reimbursement of up to \$400 for both new and replacement external breast prostheses purchased from 1 July 2008 to all eligible women who have had a mastectomy as a result of breast cancer.

Stephanie's Boutique

24 Jardine Street
KINGSTON ACT 2604
02 6295 0469

Provides a range of bras and swimwear to order for women who have undergone breast surgery.

Continence Services

Continence Clinic

Cnr Moore and Alinga Streets
CANBERRA CITY ACT 2601
www.health.act.gov.au
02 6207 9977

Provides assessment, advice and treatment for people experiencing bladder and bowel problems. Also includes a Men's Continence Clinic for men experiencing continence and prostate health issues.

National Continence Helpline

Continence Foundation of Australia
AMA House
293 Royal Parade
PARKVILLE VIC 3052
www.continence.org.au
1800 330 066

Provides free, confidential advice about bladder and bowel control, plus local referrals, brochures and product information.

Early Detection and Screening Services

ACT Cervical Cytology Register

Cnr Moore and Alinga Streets
CANBERRA CITY ACT 2601
www.health.act.gov.au
02 6205 1545

Confidential list of ACT women's Pap smear results which provides a back-up reminder system for women who are overdue for a test.

BreastScreen ACT & SE NSW

Cnr Moore and Alinga Streets
CANBERRA CITY ACT 2601
www.health.act.gov.au
13 20 50

Provides free mammography screening for women aged 50-69.

National Bowel Cancer Screening Program

www.cancerscreening.gov.au/bowel
1800 118 868

A National Bowel Screening Program being phased in by the Australian Government. The second phase commenced on July 1 2008. Australians turning 50, 55 or 65 between January 2008 and December 2010 who hold a medicare card or DVA gold card will be invited to take part.

Well Women's Clinics

Cnr Moore and Alinga Streets
CANBERRA CITY ACT 2601

Cnr Benjamin Way and Swanson Court
BELCONNEN ACT 2617

Cnr Ankatell and Pitman Streets
TUGGERANONG ACT 2900

www.health.act.gov.au
02 6205 1078

A free community health service available to all women for Pap smears and breast checks.

Genetic Services

ACT Genetic Service

The Canberra Hospital
GARRAN ACT 2605
www.health.act.gov.au
02 6244 2133

Provides genetic counselling and testing for individuals and families with a family history of cancer.

NSW and ACT Hereditary Cancer Registry

Cancer Institute NSW
Level 1, Biomedical Building
Australian Technology Park
1 Central Avenue
EVELEIGH NSW 2015
www.cancerinstitute.org.au
1800 505 644

Provides information and support to people affected by hereditary cancer, their family members who may be at risk, and their doctors in NSW and the ACT. The conditions they focus on include: Familial Adenomatous Polyposis – FAP, Hereditary Non- Polyposis Colorectal Cancer – HNPCC, Peutz-Jeghers Syndrome – PJS, Juvenile Polyposis and other polyposis syndromes (i.e. Hyperplastic, Mixed Polyposis, MYH Polyposis).

Lymphoedema Services

Lymphoedema Service

Physiotherapy Department
Calvary Hospital
Cnr Belconnen Way and Haydon Drive
BRUCE ACT 2617
www.calvary-act.com.au
02 6201 6190

Provides treatment, support and education on all aspects of lymphoedema.

Self Care Services

ENCORE

Room 8
Kippax Health Centre
Hardwick Cres
HOLT ACT 2615
www.ywcaencore.org.au
02 6278 5298

A program of gentle floor and pool exercises and relaxation techniques designed specifically for women who have experienced mastectomy, lumpectomy or breast reconstruction surgery at any time in their lives.

Look Good...Feel Better

The Canberra Hospital
GARRAN ACT 2605
www.lgfb.org.au
1800 650 960

A two hour workshop dedicated to teaching women and men techniques to help restore their appearance and self-image during chemotherapy and radiation treatment. Information is available from the chemotherapy nurse or social worker at each hospital.

Stoma Services

ACT and Districts Stoma Association

Cnr Moore and Alinga Streets
CANBERRA CITY ACT 2601
www.actstoma.org.au
02 6205 1055

Provides support, assistance, ostomy supplies and pharmaceuticals to those with a stoma.

Wigs and Other Headwear

Beaux Chapeaux Headwear

200 Cordeaux Road
MOUNT KEMBLA NSW 2526
www.beauxchapeauxheadwear.com.au
02 4271 5213

Creates and sells a range of turbans, hats and scarves.

Cancer Council ACT Wig Service – Fairbairn

5 Richmond Ave
FAIRBAIRN ACT 2609
www.actcancer.org
02 6257 9999

Provides wigs, turbans, hats and other headwear for sale at affordable prices. You are welcome to call in any time during office hours (Monday to Friday 9.00am – 5.00pm). If you think you will require assistance in selecting a wig, just give us a call to ensure there will be someone with appropriate training here to help you.

Cancer Council ACT Wig Service – Garran

Building 3
The Canberra Hospital
GARRAN ACT 2605
www.actcancer.org
02 6244 2298

Provides wigs, turbans, hats and other headwear for sale at affordable prices. Open Monday to Wednesday from 9:30–11:30am.

Colleen's Post Mastectomy Connection

3/60 Dundas Court
PHILLIP ACT 2606
www.colleens.com.au
02 6285 1311

Sells a range of wigs, turbans, hats and scarves.

Hair Dressing Room

Main Foyer
The Canberra Hospital
Yamba Drive
GARRAN ACT 2605
02 6281 0441

Sells a range of wigs and turbans.

HeadsUp@Calvary

Calvary Hospital
Cnr Belconnen Way and Haydon Drive
BRUCE ACT 2617
02 6201 6645
0416 227 595

Sells a range of hats, turbans, berets, beanies, scarves & embellishments and assists all women who have hair loss by helping ladies funk up their turbans & tie head scarves. Information is also available through Zita Mary Oncology staff, ACT Breast Care Nurses and the Calvary Volunteer Manager. Open Wednesdays 11am - 2pm.

Innovative Hair & Body

Novotel Hotel Building (Jolimont Centre)
65 Northbourne Ave
CANBERRA CITY ACT 2601
(02) 6257 6478 or (02) 6257 7913

Sells a range of wigs.

Price Attack

Tuggeranong Hyperdome
TUGGERANONG ACT 2900
02 6293 4666

Sells a range of wigs.

Other

ACT Cancer Registry

The Canberra Hospital
GARRAN ACT 2605
www.health.act.gov.au
02 6207 4032

Collects information on patients with cancer in the ACT in order to track the incidence and mortality rates of the disease.

Cancer Voices ACT

c/o Health Care Consumers Association of the ACT
Collett Place
PEARCE ACT 2607
02 6290 1660

A group for cancer consumers, that is, those who have been affected by cancer, either as a patient, family member or caregiver. Cancer Voices ACT is a constituent member of Cancer Voices Australia.

Red Cross Personal Alarm Service

Australian Red Cross ACT
Grant Cameron Community Centre
27 Mulley Street
HOLDER ACT 2611
www.redcross.org.au/act
02 6234 7634

A service for those living alone or with a frail partner who may be at risk of accident or sudden illness that provides access to emergency help 24 hours a day every day of the year.

Vital Call

www.vitalcall.com.au
1300 360 808

A medical response service which allows you to call for help without the need to get to your phone.