

Palliative, Hospice and Respite Care Services

Palliative care is treatment that aims to promote comfort, relieve symptoms and maximise quality of life when a cure for a life-threatening illness is not possible. Palliative care can be provided at home or in a hospital or hospice.

A hospice is a place that provides comprehensive care for people with incurable disease. Respite care is a short-term arrangement that allows the carer and patient to have a break from their usual care routine.

Palliative care services provided by public hospitals are covered by Medicare. Private hospitals charge for their services and most costs are covered by private health insurance. Public patients should take note that some private hospitals can offer services at subsidised cost depending on circumstances. Ask about costs when you apply to any hospital or palliative care, hospice or respite care service.

Palliative and Hospice Care

ACT Palliative Care Society

Clare Holland House
5 Menindee Drive
BARTON ACT 2600
www.pallcareact.org.au
02 6273 9606

This is a representative body for palliative care in the ACT. It also provides a volunteer program for palliative care patients, families and carers.

Clare Holland House

5 Menindee Drive
BARTON ACT 2600
www.clarehollandhouse.com.au
02 6264 7300

Provides a supportive palliative care service for people with life threatening illnesses who no longer respond to curative therapy.

Home Based Palliative Care

Clare Holland House
5 Menindee Drive
BARTON ACT 2600
www.clarehollandhouse.com.au
02 6264 7300

Provides a supportive nursing service to people and their carers who have a life threatening illness and are no longer responding to curative treatment. The specific aims of the program are to enable patients to be cared for in the home as long as they wish, to provide regular and skilled nursing care in the home, to relieve distressing symptoms as much as possible and to provide bereavement support to the family.

Palliative Care Service

The Canberra Hospital
Yamba Drive
GARRAN ACT 2605
www.canberrahospital.act.gov.au
02 6244 2222

Calvary Public Hospital
Cnr Belconnen Way and Haydon Drive
BRUCE ACT 2617
www.calvary-act.com.au
02 6201 6111

Provides palliative care to patients of The Canberra Hospital and Calvary Public Hospital.

Queanbeyan Palliative Care

Queanbeyan Community Health Centre
Queanbeyan District Hospital
Cnr Erin and Collett Sts
QUEANBEYAN NSW 2620
02 6298 9233

Supports terminally ill clients, their families and carers at home and in hospital. Bereavement and other counselling is also available.

Respite Services

Community Services

Most community services in the ACT provide centre based respite care. Call your local service for more information, look under Treatment Facilities for contact details.

Carers ACT

Main Office
58 Beaurepaire Crescent
HOLT ACT 2615
www.carersact.asn.au
02 6296 9900
1800 052 222

Provides respite care services to any carer of a child or adult with an illness.

Kincare Community Services ACT

Suite 1, 17 Napier Close
DEAKIN WEST ACT 2600
www.kincare.com.au
1300 733 510

Provides private and government subsidised respite care.

Tandem

The Blaxland Centre
25 Blaxland Crescent
GRIFFITH ACT 2603
www.tandem.org.au
02 6288 0955
02 6287 2870

Provides support at home and in the community for children/ young people with disabilities and their families, adults with disabilities, frail aged people and people with mental health conditions living in the ACT.

Holiday Break Accommodation

Ronald McDonald Family Retreat Fiona Lodge

PO Box 592
BATEMANS BAY NSW 2536
www.fionalodge.org.au
1300 135 848

Offers one weeks free holiday accommodation in fully equipped units on the beach for families of which one member is affected by cancer or another life threatening illness.

The OTIS Foundation

PO Box 1191
BENDIGO CENTRAL VIC 3552
www.otisfoundation.org.au
03 5444 1184

Provides free accommodation and an opportunity to enjoy a relaxing time of sanctuary in a beautiful country environment for those living with breast cancer. Accommodation is located in Thredbo and country Victoria.

Yurana Cancer Kids Holiday Homes

PO Box 483
ULLADULLA NSW 2539
www.yuranahomes.org.au
02 4454 1700

Offers free holiday accommodation for families of children affected by cancer.

Other

Home Hospice

PO Box 440
POTTS POINT NSW 1335
www.homehospice.com.au
1800 132 229
02 6286 9314

Provides support through peer mentors to carers of loved ones who want to die at home. Trained volunteer mentors have personal experience of caring at end of life and focus solely on the needs of carers to enable them to care for their loved ones with less anxiety and greater confidence.