

Bereavement Services

If the person you are caring for dies, there will be many practical and emotional issues to be dealt with. Centrelink has produced a useful booklet called 'Needing help after someone has died'. For a free copy, call Centrelink on 13 2300.

Social workers at the major treatment hospitals also provide a limited amount of bereavement support, see Treatment Facilities for contact details.

Below is a list of organisations you may find useful. Most services are provided free but remember to ask about costs when calling.

Cancer Counselling Service

Phillip Health Centre
Cnr Corinna and Keltie Streets
PHILLIP ACT 2606
www.health.act.gov.au
02 6207 9977

Provides bereavement counselling for families and carers.

CanTeen ACT and Southern NSW Division

Level 1, Unit 7
12 Albany Street
FYSHWICK ACT 2609
www.canteen.org.au
02 6262 8133

Provides a mutual peer support network of young people living with cancer, this included bereaved siblings and offspring of people with cancer.

Clare Holland House/Home Based Palliative Care Service

Menindee Drive
BARTON ACT 2600
www.clarehollandhouse.com.au
02 6264 7300

Provides bereavement support or counselling to families or friends of patients of the Palliative Care Service.

National Association for Loss and Grief (ACT)

PO Box 5022
CHISHOLM ACT 2905
02 6291 4994

Provides information and referral to people experiencing loss and grief.

St John's Care

St John's Parish Centre
43-47 Constitution Avenue
REID ACT 2612
www.stjohnscanberra.org
02 6248 7771

Provides information, referral and support for people who have suffered a loss. Also run a grief and loss support program.

Solace ACT

PO Box 54
CURTIN ACT 2605
www.solace.org.au
02 6297 1052

A self help group for widows and widowers of all ages. Assists bereaved people to adjust to their loss.

Telephone Grief Support

National Association for Loss and Grief (NSW)
www.nalag.org.au
0406 021 057

A Sydney based telephone support service operated by trained volunteers who provide information and referral to people experiencing loss and grief.

The Compassionate Friends ACT and Queanbeyan

27 Mulley Street
HOLDER ACT 2611
www.thecompassionatefriends.org.au/ACT.htm
02 6286 6134

Part of world-wide self-help organisation offering friendship and understanding to bereaved parents, siblings and grand-parents. Offering friendship and understanding to families who are grieving the death of a child of any age, from any cause. All bereaved family members are welcome.