

Bereavement Services

If the person you are caring for dies, there will be many practical and emotional issues to be dealt with. Centrelink has produced a useful booklet called 'Needing help after someone has died'. For a free copy, call Centrelink on 13 27 17.

Social workers at the major treatment hospitals also provide a limited amount of bereavement support, see Treatment Facilities for contact details.

Below is a list of organisations you may find useful. Most services are provided free but remember to ask about costs when calling.

Cancer Psychosocial Services

Phillip Health Centre
Cnr Corinna and Keltie St
PHILLIP ACT 2606
www.health.act.gov.au
02 6207 9977 (Community Health Intake for appointments)
02 6205 1449

Provides bereavement counselling for families and carers.

National Association for Loss and Grief (ACT)

PO Box 5022
CHISHOLM ACT 2905
02 6291 4994

Provides information and referral to people experiencing loss and grief.

Solace ACT

PO Box 54
CURTIN ACT 2605
www.solace.org.au
02 6297 1052

A self help group for people whose partners have died.

St John's Care

St John's Parish Centre
43-47 Constitution Ave
REID ACT 2612
www.stjohnscanberra.org
02 6248 7771

Provides information, referral and support for people who have suffered a loss. Also run a grief and loss support program.

The Compassionate Friends ACT and Queanbeyan

27 Mulley Street
HOLDER ACT 2611
www.thecompassionatefriends.org.au/ACT.htm
02 6286 6134

Part of a worldwide organisation of bereaved parents offering friendship and understanding. Offering telephone support, monthly support groups and social activities.