



**SunSmart Early Childhood Program (For ACT services)  
Application Form and Agreement.**

Service Name.....

SunSmart Ambassador/Contact.....Position.....

✉ .....Postcode.....

☎ .....📞.....

Service Type ( Long day care, preschool, occasional care, kinder other).....

Age group attending service. (Birth– 3 yrs, 3-6 years, birth to 6 years).....

Date:.....Best time to be contacted?.....

*In the ACT it is recommended that early childhood and school sun protection policies are implemented from the start of August through to the end of May when average daily UV levels reach 3 or above- strong enough to damage unprotected skin.*

1. Is hat wearing enforced or encouraged at your service?

- Yes – enforced
- Yes – encouraged
- No, neither enforced nor encouraged    Go to Q 3

2. What type / types of hat do children at your service wear?

- Broad-brimmed hats (at least a 6cm brim)
- Legionnaire hats
- Bucket hats (at least 5 cm brim and a deep crown)
- Other: please specify (eg. caps).....

3. On a typical day from the start of August to the end of May, approximately how many children would be wearing a broad brimmed, legionnaire or bucket hat outside?

- All of the children
- Most of the children
- Half of the children
- Some of the children
- Very few of the children

*Sun protection and babies*

*Babies' skin is thinner than adults' skin, it is extremely sensitive and can burn easily. Babies can be at risk of sunburn even when they are in the shade, so make sure they are covered up when under the shade. Choose a hat that protects the baby's face, neck and ears such as a soft legionnaire style hat, with a flap at the back that will crumple easily when they put their head down. If infants are kept out of direct sun or well protected from UV radiation by clothing, hats and shade, sunscreen need only be used occasionally on very small amounts of their skin.*

- 4. Does your service's sun protection practises consider the special needs of young babies?
  - Yes
  - No
  - Not applicable
  - Comment.....
  
- 5. What are the consequences for a child not wearing an appropriate hat/clothing when outside?
  - They must remain in the shade - play allowed
  - They must return indoors
  - They must wear a hat from a set of hats provided by the school
  - No restrictions
  - Other: please specify: .....
  
- 6. Does your service address its OH&S responsibilities regarding sun protection?
  - Yes
  - No
  - Comment.....
  
- 7. Does your service encourage parents / carers to role model positive sun protection behaviour?
  - Yes
  - No
  
- 8. Tick the following items that are included in your service's dress code
  - Broad brimmed, legionnaire or bucket style hat
  - Shirts with collars
  - Shirts with elbow length sleeves or longer
  - Longer shorts and skirts
  - Close fitting wrap-around sunglasses
  - Rash vests for outdoor swimming events
  - Closely woven fabric with a high UPF

9. What happens at your service regarding the use of SPF 30+ broad spectrum sunscreen?

- Sunscreen is supplied by the service for children and staff to use
- Sunscreen is not supplied by the service
- Parents / carers sign a consent form allowing staff to apply sunscreen to children
- Parents / carers are encouraged to supply sunscreen for their children
- It is encouraged that children come to the centre wearing sunscreen
- Time is given for the application of sunscreen 20 minutes before children go outside
- Children are encouraged to apply sunscreen themselves under adult supervision
- Sunscreen is re-applied every 2 hours while outside

10. Does your service have planned experiences/games that focus on sun protection?

- Yes
- No

11. Do all staff actively reinforce positive sun protection practices in their regular interaction with children?

- Yes
- No (go to Q. 13)

12. How do staff actively reinforce sun protection on a regular basis with the children?

- Role modelling
- Display of posters
- Discussion
- Picture storybooks or reference books
- Play experiences, e.g. imaginative play
- Songs, poems or finger plays
- Games
- By fulfilling their OH&S responsibilities.
- Other: please specify.....

13. Which of the following are in place to minimise exposure during peak ultraviolet (UV) radiation times (11am-3pm daylight saving and 10am-2pm other times)?
- Outdoor experiences are held outside 11am and 3pm when possible during daylight savings
  - Particular care is taken between 10am-2pm during the remainder of the year.
  - Outdoor experiences are avoided all year between 10am and 3pm.
  - Lunch / snack is eaten inside
  - Lunch / snack is eaten in shaded areas
  - We allow indoor/outdoor play
  - Other: please specify.....
14. Please describe the available shade at your service.
- We have shady trees
  - We have some built shade structures
  - We have some portable shade structures
  - We have plans to increase shade in the next 12 months
  - Shade is not currently a priority area
  - Shade poses funding concerns for our service
  - We need more shade
15. Is Vitamin D and sun protection acknowledged in your service's sun protection policy?
- Yes
  - No
16. When is your sun protection policy implemented?
- All year round regardless of UV levels
  - From the beginning of August to the end of May
  - When UV levels reach 3 and above
17. Does your service access the Daily SunSmart UV Alert?
- Yes
  - No
  - Occasionally
  - What is the UV Alert?

18. Does your service have a comprehensive sun protection policy in place?

- Yes
- Yes, but it needs updating
- No (Go to Q 20)
- No, but we are planning one (Go to Q 20)

19. Who was involved in the development of your sun protection policy?

- Director
- Staff/Teachers
- Committee of management
- Parents and school board
- Peak early childhood organization
- Cancer Council ACT
- Other: please specify

20. What obstacles (if any) has your service encountered in developing and implementing a comprehensive sun protection policy?

- Limited support by staff/teachers
- Limited support by parents/carers
- Limited support by management
- Cost of sunscreen / hats
- Cost of shade development
- Insufficient information on policy content
- Not a school priority
- Other: please specify.....

21. Any final comments?

*\*You will also be required to email the Cancer Council a copy of your service's current sun protection policy in document (doc) format. The Cancer Council's SunSmart Services Coordinator will contact you regarding this once this application has been received.*

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**For further information call the Cancer Council Helpline on 13 11 20**

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