



National SunSmart Schools Program (ACT) Application Form and Agreement.

School.....

SunSmart Ambassador/ Contact.....Position.....

✉.....Postcode.....

☎.....☎.....

School Type (Catholic, Government, Private, Other).....

Date:.....Best time to be contacted?.....

In the ACT it is recommended that early childhood and school sun protection policies are implemented from the start of August through to the end of May when average daily UV levels reach 3 or above- strong enough to damage unprotected skin.

1. Is hat wearing enforced or encouraged at your school?

- Yes – enforced
- Yes – encouraged
- No, neither enforced nor encouraged Go to Q 3

2. What type / types of hat do students at your school wear?

- Broad-brimmed hats (*at least a 6 cm brim for children*)
- Legionnaire hats
- Bucket hats (*at least 6 cm brim/ and a deep crown*)
- Other: please specify (eg. caps).....

3. On a typical day from the start of August to the end of May, approximately how many students would be wearing a broad brimmed, legionnaire or bucket hat?

- All of the them
- Most of them
- Half of them
- Some of them
- Very few of them

4 What are the consequences for a student not wearing an appropriate hat/clothing when outside?

- They must remain in the shade - play allowed
- They must return indoors
- They must wear a hat from a set of hats provided by the school
- No restrictions
- Other: please specify:

5. Does your school address its OH&S responsibilities regarding sun protection?

- Yes
- No

6. Does your school encourage parents / carers to role model positive sun protection behaviour?

- Yes
- No

7. Tick which of the following are included in your school's dress code/uniform

- Broad brimmed, legionnaire and/or bucket hat
- Shirts with collars
- Shirts with elbow length sleeves or longer
- Longer length shorts and skirts
- Sunglasses
- Rash vest for all day swimming events
- Closely woven material with a high UPF number

8. What happens at your school regarding the use of SPF 30+ broad spectrum sunscreen?

- Sunscreen is supplied by the school for students and staff to use
- Sunscreen is not supplied by the school
- Parents / carers sign a consent form allowing staff to apply sunscreen to students
- Parents / carers are encouraged to supply sunscreen for their students
- It is encouraged that students come to the centre wearing sunscreen
- Time is given for the application of sunscreen 20 minutes before students go outside
- Students are encouraged to apply sunscreen themselves under adult supervision
- Sunscreen is re-applied every 2 hours while outside

9. Does your school incorporate education that focuses on sun protection into the curriculum of at least 3 year levels?

- Yes
- No (Go to Q 11)

10. In what levels is sun protection education incorporated into planned experience/curriculum?

- Kinder
- 01
- 02
- 03
- 04
- 05
- 06

11. Do all staff/teachers actively reinforce positive sun protection practices in their regular interaction with students?

- Yes
- No (go to Q. 13)

12. How do staff/teachers actively reinforce sun protection on a regular basis with the students?

- Role modelling
- Display of posters
- Discussion
- Picture storybooks or reference books
- Play experiences, e.g. imaginative play
- Songs, poems or finger plays
- Games
- Fulfilling their OH&S responsibilities
- Other: please specify.....

13. Which of the following are in place to minimise exposure during peak ultraviolet (UV) radiation times (11am-3pm daylight saving and 10am-2pm other times)?

- Outdoor experiences are held outside 10am and 3pm when possible during daylight savings
- Particular care is taken between 10am-2pm during the remainder of the year.
- Outdoor experiences are avoided all year between 10am and 3pm.
- Lunch / snack is eaten inside
- Lunch / snack is eaten in shaded areas
- We allow indoor/outdoor play
- Other: please specify.....

14. Please describe the available shade at your school.

- We have shady trees
- We have some built shade structures
- We have some portable shade structures
- We have plans to increase shade in the next 12 months
- Shade is not currently a priority area
- Shade poses funding concerns for our school
- We need more shade

15. Is Vitamin D and sun protection acknowledged in your school's policy?

- Yes
- No

16. When is your policy implemented?

- All year round regardless of UV levels
- From the beginning of August to the end of May
- When UV levels reach 3 and above

17. Does your school access the Daily SunSmart UV Alert?

- Yes
- No
- Occasionally
- What is the UV Alert?

18. Does your school have a comprehensive sun protection policy in place?

- Yes
- Yes, but it needs updating
- No (Go to Q 20)
- No, but we are planning one (Go to Q 20)

19. Who was involved in the development of your school's sun protection policy?
- Principal
 - Staff/Teachers
 - Committee of management
 - Parents and school board
 - Cancer Council ACT
 - Other: please specify
20. How does the school minimise skin damage and sunburn at all day events such as swimming carnivals?
- Events are not held during the daylight saving period
 - Events are held over 2 days to avoid the peak UV period of the day in summer
 - Rash vests (or at least t-shirts) are mandatory and must be worn all day.
 - We hold such events indoors
 - We actively reinforce and promote sun protection in the lead up to the event
 - Other.....
21. What obstacles (if any) has your school encountered in developing and implementing a sun protection policy?
- Limited support by staff/teachers
 - Limited support by parents/carers
 - Limited support by management
 - Cost of sunscreen / hats
 - Cost of shade development
 - Insufficient information on policy content
 - Not a school priority
 - Other: please specify.....

21. Any final comments?

**You will also be required to email the Cancer Council a copy of your school's current sun protection policy in document (doc) format. The Cancer Council's SunSmart Services Coordinator will contact you regarding this once this application has been received.*

For further information call the Cancer Council Helpline on 13 11 20

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