



Quit Smoking Training Course For Health Professionals

Who should attend the course?

All health professionals that have clients who smoke.

What will the course cover?

The course leader will discuss the knowledge, skills, and strategies needed to assist you helping your clients quit or cut down on their smoking.

The “5 A’s” framework as a brief intervention technique will be the focus of the course.

What will you get out of the course?

- Practical skills and knowledge to help clients quit smoking
- Understanding smoking behaviour
- Understanding stages of change model
- Understanding nicotine replacement therapy
- Knowledge of available resources and support
- Using the “5 A’s” framework for brief intervention

How long is the course?

Nominally, 2 hours in length; may count as 2 PDP’s.

Who conducts the course?

A certified educator, trained in smoking cessation, and who is regularly updated on the latest information about helping people quit smoking.

How many people can attend?

There is no maximum or minimum number as long as the venue is satisfactory.

Where are the courses conducted?

The course can be conducted in your workplace, or venue of your choice. We ask that a TV/Video/DVD, whiteboard, and overhead/data projector are available.

How much is the seminar?

The course costs \$400 including GST.

**To make a booking, or for more information contact The Cancer Council
on
02 6257 9999 or email quit@actcancer.org**