

Living with cancer

EDUCATION PROGRAM

Are you affected by cancer?


The Living With Cancer Education Program is free and provides information and support for people with cancer and their family and friends.

Topics include:

- What is cancer?
- Cancer treatments and myths
- Enhancing quality of life
- Relationships and self-esteem
- Communicating with family and others
- Healthy eating

Guest speakers are experts in their fields.

This program is run by trained health professionals.



The program enlightened
my views and brought the
"living" back into my life'

Maria, cancer survivor

Dates: Tuesday 3rd,10th,17th,24th
August

Time: 6.30pm to 8.30pm

Venue: Cancer Council ACT

Address: 5 Richmond Ave, Fairbairn

Format: 4 week program

RSVP: Kate or Jackie
chl@actcancer.org
6257 9999

Cost: Free

NB : Registration is essential.
Please confirm attendance
as we need sufficient participants
to run the program.

